



FSU Partners for a Healthy Baby Workshop for Home Visitors

AGENDA

Day 1

- 9:00 – 9:40 **Welcome & Introductions**
- 9:40 – 9:55 **Workshop Agenda & History of Partners**
- 9:55 – 10:15 **Using Partners for a Healthy Baby Curriculum to Fidelity**
- 10:15 – 10:30 **BREAK**
- 10:30 – 10:50 **Partners Scope & Sequence**
- 10:50 – 12:00 **Having a Healthy Baby**
- Fetal Development
 - Prenatal Care
 - Nutrition
- 12:00 – 1:00 **LUNCH (On Your Own)**
- 1:00 – 1:15 **Planning a Visit Using Partners**
- 1:15 – 2:15 **Emotional Health, Stress, & Support**
- Trauma & ACEs
- 2:15 – 2:30 **BREAK**
- 2:30 – 3:55 **Having a Healthy Baby, cont.**
- Father/Partner Involvement in Pregnancy and Parenting
 - Exercise During Pregnancy & Following Childbirth
 - Preterm Labor
 - Breastfeeding & Bottlefeeding
 - Family Planning & Birth Control
- 3:55 – 4:00 **Closing**

Day 2

- 9:00 – 9:40 **Planning a Visit Using Partners**
- 9:40 – 10:15 **Preparing for Childbirth**
- Birth Planning
 - Childbirth
- 10:15 – 10:30 **BREAK**
- 10:30 – 10:45 **Preparing for Childbirth, cont.**
- *What if: My Baby Stays in the Hospital?*
 - *What if: My Baby Dies?*
- 10:45 – 11:15 **Postpartum & Interconception Care**
- Postpartum Recovery
 - Maternal & Paternal Depression
- 11:15 – 11:30 **The Amazing Newborn**
- 11:30 – 12:00 **Family Adjustment to New Baby**
- Newborn Care**
- Parenting & Guidance**
- 12:00 – 1:00 **LUNCH (On Your Own)**
- 1:00 – 2:00 **Social / Emotional Development**
- Social-Emotional Well-Being
 - Trust & Emotional Security
 - Healthy Attachment
- 2:00 – 2:15 **BREAK**
- 2:15 – 2:45 **Social/Emotional Development, cont.**
- Responsive Relationships
 - Brain Development
- 2:45 – 3:00 **Using Partners to Respect & Connect with Families**
- 3:00 – 3:55 **Social/Emotional Development, cont.**
- Temperament
 - Self-Concept
- 3:55 – 4:00 **Closing**



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Day 3

- 9:00 – 10:00 **Social/Emotional Development, *cont.***
- Self-Regulation
- 10:00 – 10:15 **Infant/Toddler Development**
- Developmental Milestones
- 10:15 – 10:30 **BREAK**
- 10:30 – 11:30 **Infant/Toddler Development, *cont.***
- Developmental Milestones, *cont.*
 - Child Development Observations
 - Developmental Red Flags
 - Screening & Referral
- 11:30 – 12:00 **Health & Safety**
- Babies in Jeopardy
 - Safe Sleep
- 12:00 – 1:00 **LUNCH (On Your Own)**
- 1:00 – 1:30 **Language & Literacy**
- 1:30 – 2:30 **Play, Learning, & Cognition**
- How Young Children Learn Best
 - Why Play is Important/Play of Young Children
 - Learning Through Play
- 2:30 – 2:45 **BREAK**
- 2:45 – 3:00 **Play, Learning, & Cognition, *cont.***
- Learning Through Play, *cont.*
- 3:00 – 3:30 **Planning a Visit Using *Partners***
- 3:30 – 3:45 **Taking It Home**
- 3:45 – 4:00 **Closing**